



SEED CAMP

students engaging entrepreneurial discovery

2016

CAMPER

INFORMATION

Tonto Creek Camp, Payson Arizona

DISCOVER, IGNITE AND CONNECT

June 2 – 6, 2015

Congratulations!

Welcome to Tonto Creek Camp,

As a SEED Camper, you will be participating in active, hands-on, fun and cooperative outdoor programming designed to inspire you, unlock life-long entrepreneurial excitement, and increase knowledge in business start-up and financial literacy concepts. All of this will take place in an experiential, outdoor setting. You will be continually challenged to find new ways of thinking and growing your leadership skills during camp. You will have the opportunity become a leader and hold yourself to high expectations as you learn important entrepreneurial skills! You are the foundation of what we do!

Enjoy your time at camp while learning from our guest speakers, instructors, activities and mentors. Your mentors will be there to assist you in clarifying your activities and helping to get your creativity flowing as you journey through camp toward your final goals. Take the time to participate fully in the activities so that you can get the most out of your camp experience.

We are so excited to see how your time at camp can help you in growing your futures as entrepreneurs.

Thank you!



Tom Fraker
Founder & CEO

2016 SEED CAMP SPONSORS



The Active 20-30 Club of Phoenix is one of Arizona's most prestigious and active fund raising men's clubs who dedicates its fundraising entirely to underprivileged children.



For more than 35 years, the Arizona Community Foundation has worked to improve the quality of life in Arizona by promoting and facilitating effective Philanthropy.



ASU Entrepreneurship & Innovation Group at Skysong accelerates high-potential startup companies and provides a broad range of entrepreneurship-related activities across the university, the metro area and the state.



ASU Technological Entrepreneurship & Management at Polytechnic bridges the gap between technology & business. Preparing those who want to launch a technology-based venture or design & develop products.



PACKING LIST



---Day Hike Supplies---

- Day pack (i.e. school book bag)
- Canteen or water bottle
- Pencil

---Clothing---

- Underwear, 1 pair per day
- Socks, 1 pair per day plus 2 extras
- Pajamas
- Jeans or other long pants
- Shirts, long and/or short sleeved
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- Warm jacket, hat and gloves (depending on the weather)
- Shoes suitable for hiking (no flip flops or new shoes or boots)
- Rain coat or poncho (for all seasons)
- Warm weather clothing (i.e. shorts)
- Sunhat (depending on the weather)
- Shoes suitable for hiking (no flip flops or brand new shoes or boots)

---Optional Items---

- Shower flip-flops
- Hand lotion
- Insect repellent, if desired
- Sunglasses
- Laundry bag
- Musical instrument or camera
- Cold weather gear (gloves, etc.)

---More Optional Items---

- Book for your own time
- Alarm clock/alarm on cell phone
- Flashlight

---Bedding---

- Sleeping bag (or sheets with 2-3 warm blankets)
- Extra blankets depending on the weather
- Pillow

---Toiletry Items ---

- 2-bath towels, hand towel
- Wash cloth
- Toothbrush & toothpaste
- Brush/comb
- Soap
- Shampoo
- Chap stick
- Sunscreen



***Cellular service is available but reception is limited and Wi-Fi isn't available**

---Suggested Clothing---

Make sure all clothing is comfortable and can get dirty!

The weather can be unpredictable during all seasons at camp. Bring warm, comfortable clothing appropriate for your participation during outdoor activities.

Weapons, alcohol, drugs, and paraphernalia are not permitted at camp. If a camper is found with these items they will be reported immediately to TCC staff and sent home.

BEHAVIOR EXPECTATIONS AND RESPONSIBILITIES

Basic Rules:

1. Show respect for other people, places, and all living things.
2. Always walk.
3. Always be with an adult or a buddy.

Cabins:

1. Youth are not to enter any cabins other than their own.
2. Lights out and quiet time no later than 10:30 PM.
3. Campers will stay with their group at all times.
4. Pillow fights, throwing balls, or rough-housing of any kind are not permitted.
5. Directions of the Mentor (cabin counselor) are to be followed at all times.

Trail and Grounds:

1. Stay on the trail and walk with your Mentor.
2. No running, throwing objects, pushing, or using walking sticks as swords, et cetera.
3. Campers will not remove or harm any living plant or animal.
4. No littering and if you see litter pick it up and put it in a trash or recycling container.
4. Listen quietly when a guest speaker, facilitator or mentor and other students that are speaking.

Dining Hall:

1. Talk quietly at your table.
2. Follow the dining hall rules (These will be reviewed during your first meal).
3. No throwing or playing with food.
4. Listen during announcements.

Belongings:

1. If it's not on the list, then it's probably best not to bring it.
2. Campers are responsible for the care and keeping of their own property.
3. Tonto Creek Camp is not responsible for lost or stolen items and doesn't pay shipping costs to return items left behind.

HEALTH AND WELLNESS INFORMATION

The health and safety of campers is our number one priority! Because you are in a residential situation – learning, living, and dining together – the focus on healthy habits and illness prevention are as equally critical as when they are in the school setting.

Because of this we ask the following:

- If a camper has shown flu-like symptoms (fever, aches, sore throat, vomiting, diarrhea, cough) immediately inform a staff member.

- Campers should wash their hands thoroughly with soap before meals, after using the bathroom et cetera.
- If you have any injuries please tell a TCC staff member immediately to receive care. If there is blood to be cleaned please allow TCC staff members to properly clean it, do not clean it yourself.

You need to be aware of the risk factors for heat illness that are present, especially in Arizona, when you are during outdoor activities. Heat Illness is a serious medical condition that can result from the body's inability to cope with extreme heat exposure which includes, but is not limited to, heat cramps, heat exhaustion and heat stroke.

- Environmental risk factors for heat illness include air temperature, low humidity, radiant heat from the sun and other sources, conductive heat sources such as the ground, and air movement.
- Personal risk factors for heat illness such as an individual's age, health, water consumption, caffeine consumption, and use of prescription medications that affects the body's water retention or other physiological responses to heat.
- A period of time, at least five minutes, used to recover from the heat in order to prevent further heat illness.
- Thirst is not an effective indicator of a persons need for water and it's recommended to drink a liter of water when outside in hot environments.
- It's important to drink water and encourage students to drink water frequently.
- Common early signs and symptoms of heat illness include headache, muscle cramps, and unusual fatigue. However, progression to more serious illness can be rapid, and can include loss of consciousness, seizures, mental confusion, unusual behavior, nausea or vomiting, hot dry skin, or unusually profuse sweating.
- If you or other individual shows any symptoms of heat illness, inform your mentor or TCC Staff member immediately.

NON-MEDICAL EMERGENCY PROCEDURES

Fire Procedures

In the event of a fire, follow these procedures:

1. Evacuate from the building and get to a safe distance away from the building
2. Your mentors will contact the Camp Director and account for all of the members of your group.

In the event of a forest fire, follow these procedures:

1. If there is an evacuation, you will hear an emergency bull horn signal
2. Immediately report to the Sparky Water Tower for further instructions

Camp Evacuation Procedures

1. If there is an evacuation, you will hear an emergency bull horn signal
2. Immediately report to the Sparky Water Tower for further instructions

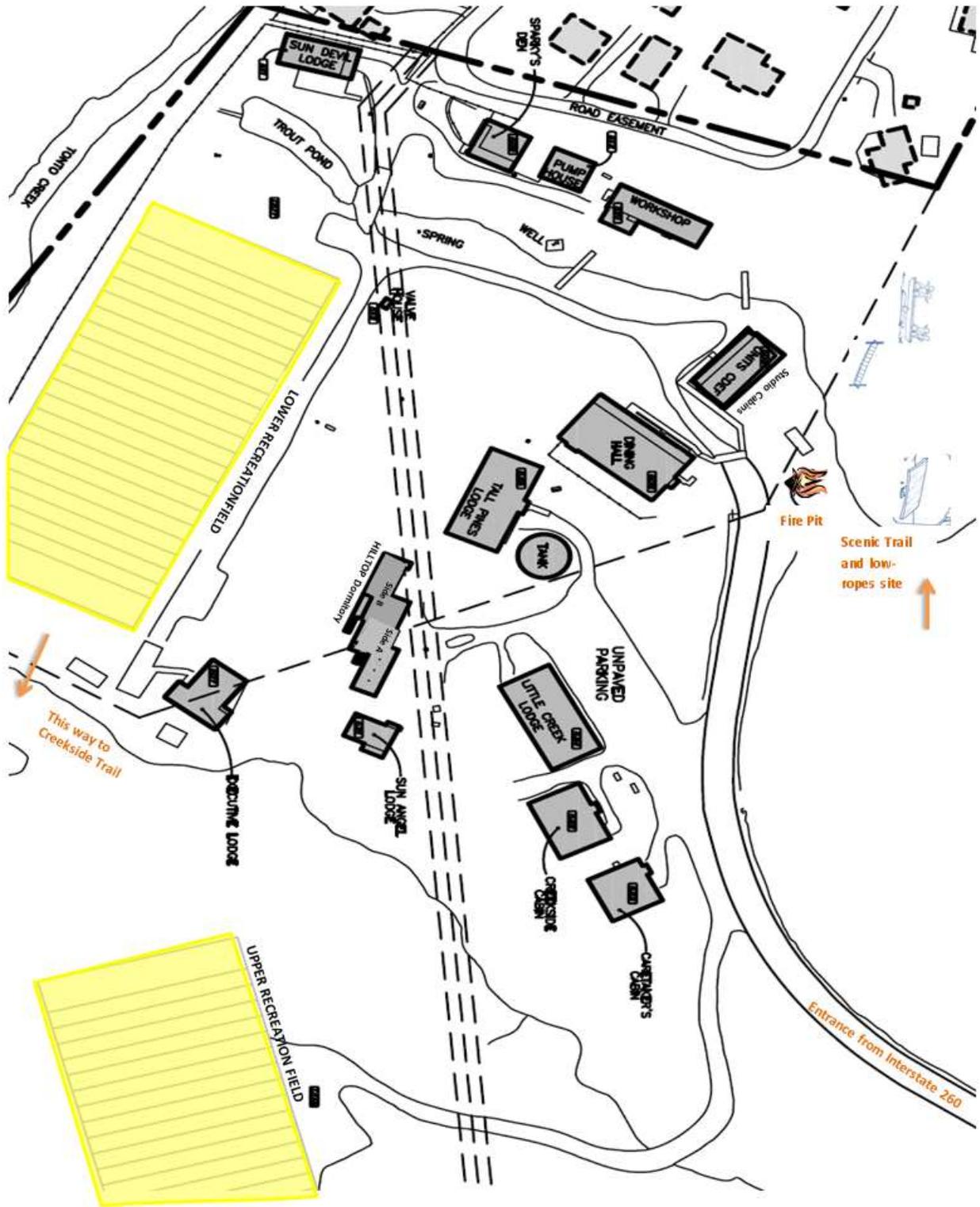
CAMPER AGREEMENT

As a camper at Tonto Creek Camp I will do my best:

- To follow all camp rules listed above
- To follow the instructions of my mentor and the TCC staff
- To participate in all activities to the best of my ability
- To respect and pay attention to the guest speakers and teachers
- To use this camp as an opportunity to better myself
- To set a great example for other campers
- To clean up after myself
- To take part in the tasks I am assigned
- To report any injuries or inappropriate activities to a TCC staff member
- To report any drugs, alcohol, or weapons to a TCC staff member
- To have a great time at camp!

Signature

TCC MAP AND CABIN LAYOUT



NOTES